

CALENDAR

MVFD Events

➤ DECEMBER

Regular Dance (beginners, 7 PM):

December 6, 13, 20, 27

Ethnic Sunday: Dec. 9, 2:30 PM

➤ JANUARY

Regular Dance (beginners, 7 PM):

January 3, 10, 17, 24, 31

☛ **No Ethnic Sunday! Come to the**

ANNUAL MEETING: Jan. 13, 2:30 PM

➤ FEBRUARY

Regular Dance (beginners, 7 PM):

February 7, 14, 21, 28

Ethnic Sunday: Feb.10, 2:30 PM

Other Regular Events

Scottish Dancing – The Flying Ghillies. Beginning and intermediate groups, Monday nights at the Mangan Banquet Ctr., 1585 Grange Hall, Beavercreek. 7:30 PM.

Israeli Folk Dancing – Classic and modern for all! Dec. 12, 19; Jan. 2, 9, 16, 23, 30; Feb. 6, 13, 20, 27. At Temple Beth Or; \$3. 6 PM, beginners; 7-9 PM, program & intermediate teaching. janifer.tsou@gmail.com.

Cityfolk Contra Dances at the Pavilion – 7:30 PM instruction, 8:00 PM contras. \$7 adults, \$5 students, under 12 free. No December dance. **January 4**, The Corndrinkers with Kathy Anderson. **February 1**, The Coffee Zombies with Susan Moffett. **March 1**, The Corndad-dies with Darlene Underwood.

No **English Country Dance** Sundays until further notice.

Columbus “Balkan Night” Dance Parties – **Friday** Dec. 17; Jan. 26; Feb. 9. No themes this year!

OFFICERS AND COMMITTEES

MVFD Council

Chairperson:.....**Harry Khamis**
546-6092.....harry.khamis@wright.edu

Vice Chair:.....**John Pappas**
291-3343.....jepappas@sbcglobal.net

Secretary:.....**Jim Rohal**
824-0742.....jim@jimrohal.com

Treasurer:.....**Bill Vernon**
294- 6722.....verwill@hotmail.com

Member-at-Large:.....**Janifer Tsou**
436-2167.....kumon@woh.rr.com

Committee Assignments

Historian.....Leslie Hyll

Kitchen.....Ellen Rice

.....Rose Vernon

Membership.....Lee Moser

Miami Valley Dance Council and

Pavilion Support Committee

Representative.....Janifer Tsou

MVFD Webmaster.....Leslie Hyll

Newsletter Editor.....Ellen Rice

(277-1814.....efrice927@att.net)

Orientation Class Coordinators

.....John Pappas and Lina Considine

Program Committee

.....Chair, Lee Moser

.....Mike Clark

.....Colleen Dillon

.....Mei-Hwa Neal

.....Jim Tsui

Publicity.....Dolores Brooks

Recordings & Equipment Maintenance

.....Edmund Cordray

Refreshments.....Lee Moser



SEE YOU AT THE

MVFD NEW YEAR'S EVE PARTY!



DECEMBER 2012

THE NEWS



★ Dance in the new year! ★

MVFD NEW YEAR'S EVE PARTY – DECEMBER 31, 2012

Join MVFD to ring out 2012! Our party will be held in Beavercreek at C.I. Beaver Hall (3696 Highmont St. – take Forestdale off Dayton-Xenia Rd. and bear left; the hall is on the right). We have engaged **Vatra Živa** to play for



us! They play mostly Balkan stuff, but the dance computer will be there for requests beforehand and during Vatra Živa's breaks. There will be games and sparkling conversation for the non-dancers. Admission is \$10 plus a treat to share. (Coffee and roast pork will be provided.) Dancing will begin at **8:30 PM sharp!**

★ A Dance Buffet in Columbus ★

CFD 60TH ANNIVERSARY WORKSHOP, FEBRUARY 22–24, 2013

Yves Moreau will present a Bulgarian and world dance buffet!



- Friday, 8:00–11:30 pm. International dance party with some teaching, live music by Mixed Bag, and other requests.
- Saturday, teaching sessions 10:00 am–12:30 pm and 2:30–5:00 pm. Meals on your own. 7:30–8:00 pm, culture session. 8:00–11:30 pm, international dance party to live music by Hajde and recorded music.
- Sunday, 10:00 am–12:30 pm, review of dances taught. 1:00 pm, lunch with Yves at a local restaurant.

The locations of the sessions vary. Details, and the registration form, are available on <http://recfolkdancecolumbus.org/CFD/Workshop>. Full weekend registrations postmarked by February 13th get the syllabus free!

★ Fall Preview ★

MVFD 61^{1/2}TH ANNIVERSARY WORKSHOP, NOVEMBER 23–24, 2013



The Miami Valley Folk Dancers will have their full-weekend workshop next fall, on Nov. 23-24. This early announcement is so you can **save the date** and **pass the word!!**

The workshop will be given by one of the foremost experts on ENGLISH COUNTRY DANCE in the U.S., Brad Foster. It will be held in the Michael Solomon Pavilion (sprung wooden floor made for dancing!). More details will be provided in the months to come – keep an eye on www.daytonfolkdance.com/mvfd.



The Chair's Corner

Dear Folk Dance Friends,

There are many activities coming up soon, as typically happens in the holiday season. We're planning our Xmas party for Thursday, December 20th, so please bring a snack to share that evening and plan to get into the spirit of Christmas.

Our ever-popular NYE party will be on Monday, December 31st; we have C.I. Beaver Hall in Beavercreek from 8 PM to midnight. Live music will be provided by Vatra Živa. Please bring your non-dancing hubbies, relatives, and friends, because there will be plenty of games, puzzles, socializing, etc. for them.

Finally, don't forget that we have our annual meeting on January 13th. If you have any business that requires a vote of the membership, it must be received by Council at least two weeks prior to the meeting. Along with Club business, the Honor Dancer(s) of the Year will be announced with great fanfare to the members present!

Yours in eternal terpsichorean bliss,
—Harry Khamis

Milestones and News

Bette Kelley's son, Trey Stone, is getting married on Dec. 22nd in Houston. Bette and husband Wayne Gulden will be there with bells on. Bette is thrilled that Trey's bride Tiffany is bringing Bette two more grandchildren (Elizabeth and Thomas) to keep Trey's daughter Avery company!

One piece of sad news: **John Puterbaugh**, a longtime (and long-ago) MVFD dancer, died on December 4th at age 80. We hope his widow **Jan** will visit MVFD one of these days.

Back to good news: **Ann Mosconi** is a grandma again! Her daughter Jenny had another son, Brendan Young, on Oct. 4th.



2013 Annual Meeting

Don't forget that the second Sunday in January is MVFD's Annual Meeting! This is your chance to vote on any proposals brought before the group. Be on the lookout for notices of proposed changes in the Rules and Regulations, on the kitchen counter, in your email, etc. You can even propose changes yourself, if you get them to Council right away.

The Annual Meeting is also when the committee chairs report, we vote on new officers to replace those rotating off, the Honor Dancer(s) is/are announced, and there's a potluck dinner. The meeting starts at 3 PM sharp – be there!



New Member: Alex Villalva

We caught up with Kim Villalva in the last issue – now it's **Alex's** turn! Señor Alejandro Villalva is a proud native Texan, born and raised in Austin. He attributes his love of music, history, art, and athletics to his architect father. History was his favorite, especially military history, so Alex enlisted in the Texas Army National Guard in 1992. In 1998, he transferred to the U.S. Army Reserve to serve as a drill sergeant, and found himself on active duty in 2002-03. Now Sergeant First Class, he is also a parachutist and instructor.

In 1994, while attending the U. of Texas, Alex was offered a job with the USAF Life Sciences Equipment Laboratory at Kelly AFB, TX. LSEL is one of three DoD labs dedicated to identifying military personnel who are Missing or Unaccounted For. This unique work allows Alex to serve in many roles: military historian, forensic scientist,

technician, researcher, and writer. In 2010, the LSEL (and Alex) moved to Wright-Patterson AFB.

Alex met his 'life-mate' Kim in 1996, while she was attending grad school in Texas. She might have something to do with the fact that this former runner and cyclist is now a dancer.... Alex began with clogging, but hastens to say that he enjoys folk dance immensely. And we enjoy him too!



New too: Marsha Markert

2012 brought MVFD a cheerful new face: **Marsha Markert!** She started at the Flying Ghillies in 2006, and her fellow dancers there finally persuaded her to try us. Now she says she loves folk dancing even more than Scottish!

Marsha had lessons in ballroom dance when she was in college in P.R. China, where she majored in Chinese culture and got her M.A. in education. She came to the U.S. with her first husband in 1995, and they settled in Houston. When their daughters were old enough, she worked as a travel agent (international again!) and then for 5 years at Baylor College of Medicine. She was a member of Houston's Chinese community's dance team and choir at that time. Marsha has an unusual how-I-met-my-[second]-husband story. Ron Markert was on the faculty of Tulane University School of Medicine when it was destroyed in 2005 by Hurricane Katrina. Baylor offered to host the Tulane faculty and students for a year while their School of Medicine was cleaned up and rebuilt. Presto, romance!

The Markerts got engaged in March 2006, were married in June, and moved to Ohio in July! Ron is now on the faculty of the Boonshoft School of Medicine at Wright State University. He is a

professor in two departments; his specialty is statistics. Marsha teaches Mandarin Chinese at WSU. They live in Centerville; their two very musical daughters are Eileen, a high school senior, and Melody, an eighth-grader.

Marsha says she spends most of her free time volunteering at her kids' schools and within the Chinese community. She was a board member at the Greater Dayton Chinese School for three years. Now she is organizing the Dayton Association of Chinese Americans' dance and TaiChi group; she not only serves on their board, but teaches TaiChi herself at the Kettering Tzu Chi location and at UD once a week.

It's not clear where she finds the time, but Marsha says she also enjoys biking, gardening, walking, and Chinese art. She notes that she is very outgoing (gosh, we hadn't noticed), and likes to help people whenever she can. She also promotes Chinese culture while learning as much as she can about other cultures – something MVFD offers her new opportunities for!



Calories, Calories

According to the American Council on Exercise, a 160-pound person can expect to burn the following numbers of calories while doing some common types of dances:

1. Waltz, foxtrot, or other ballroom dance – 130 calories in 30 minutes
2. Salsa, zumba, or any more intense dance – 250 calories in 30 minutes

I bet that 30 minutes of dancing Floricica Oltenearca, or Shopska Rutenitsa, would burn 500 calories. Easily.

Unfortunately, one candy bar has about 500 calories. And I love candy bars.

—John Pappas