

[Caravan Workshops](#) & Miami Valley Folk Dancers
present

A Workshop with Amel Tafsout of Algeria

June 30, July 1, 2007
Michael Solomon Pavilion, Community Golf Course
2917 Berkley Street, Dayton, Ohio

Saturday, June 30, 2007		Price for Public	Price for MVFD members
9:00 am	Registration		
9:30 am – 12:30 pm	Sufi Workshop (breathing, body work, whirling Zar-Hadra)	\$60 for morning & afternoon	\$30 for morning & afternoon
1:30 pm – 3:30 pm	Amazigh Berber Dances		
7:00 pm	Doors Open		
8:00 pm	Dance Show by participants	\$10	\$7
Sunday, July 1, 2007			
9:00 am	Registration		
9:30 am – 12:30 pm	Sufi Workshop (Zar-Hadra: more letting go)	\$60 for morning & afternoon	\$30 for morning & afternoon
1:30 pm – 3:30 pm	Dancing to Raj music / Andalusian dance		

FULL WEEKEND PRICE FOR MVFD MEMBERS = \$50 !

MVFD MEMBERS MUST IDENTIFY THEMSELVES AS MEMBERS IN ORDER TO GET THE DISCOUNT!

Amel Tafsout is a charismatic master dance teacher and performer. She has mesmerized audiences in the Middle East and North Africa as well as in Europe and the USA with her expressive and stunning stage presence. She is an acclaimed choreographer, instructor and performer of North African Maghreb Dance as well as a storyteller, a singer, a drummer, a linguist and a dance anthropologist. Brought up in Algeria, Tafsout was fascinated by dance and music since childhood; and much of her research has focused on ritual dances of the Maghreb, the Middle East, West Africa and Cuba. She has been able to look at the ways in which spirituality is part of daily life and her work is characterized by a search for harmony between Body, Mind, and Spirit.

Amel Tafsout's Website - <http://www.ameltafsout.com/>

SUFISM: ZAR-HADRA: Healing through whirling and trance dance – Zar (in Egypt, Sudan and the Middle East) and Hadra (in North Africa) are one of the few still existing ancient healing ceremonies performed by women for women, originating from Africa. In Algeria, as in many Arabic countries, it is still common that women get together in order to release sadness, pain, frustration and diseases through music and dance. Amel Tafsout grew up with this dance form. She will create a sacred space and will take the students to a spiritual journey. Amel is very well skilled for this kind of energy work and asks the students to come with an open heart.

AMAZIGH (BERBER) DANCES – Abdaoui Dance, fertility dance of the famous “Azriyat”; Rahhaba, the welcoming line dance; Raksat El Mahra, horse dance; Amazigh-Kabyle; Berber Shimmies; Moroccan Shikhat Dance; and Tunisian Dance.

ANDALUSIAN COURT DANCE with Scarves – They originate from Arabo-Andalusian dance traditions and are performed exclusively by women. This dance is very soft and gracious. During the workshop Amel Tafsout will teach some hand and scarf technique which will be followed by a choreography. Please bring two “chiffon” scarves.