

DANCE, FITNESS & SUCH

Ongoing

The Downtown Dayton Club, bringing the best of New York's dance rhythms to Dayton, offers Tuesday Mambo classes from 6 to 7 pm, Foxtrot & Waltz classes from 7:30 to 8:30 pm, and Big Band classes from 9 to 10 pm. Wednesday Two-Step classes are from 6 to 7 pm, Swing classes from 7:30 to 8:30 pm, and West Coast Swing classes from 9 to 10 pm. Thursday Rumba & ChaCha classes are from 6 to 7 pm, Argentine Tango classes from 7:30 to 8:30 pm, and Argentine Tango classes from 9 to 10 pm. Free practice sessions are held between these classes. Friday Samba & Merengue classes are held from 5 to 6 pm, Take the Tour classes from 6 to 7 pm, and Salsa classes from 7 to 8 pm. Cost is \$40 for one month of one class, \$60 for one month of two classes, or \$80 for one month of unlimited classes. The Downtown Club is located at 126 N. Main St., suite 230. Call 223-3340.

Send for a free booklet which includes descriptions of some of the most popular Country Western dances. Send a self-addressed stamped envelope to C.W. Parker, Box 3442, Dayton, OH 45401.

Mondays

The Dayton Ballroom Dance Club offers classes from 7:30

to midnight follows the classes. On Friday and Saturday a DJ dance from 9 pm to midnight follows the classes. Cost for non-members is \$5 on Tuesday and Thursday; \$6 on Friday and Saturday. 16 and older only on dance nights. Call 276-5001.

Thursdays

Learn traditional English contra dancing (dancing in two lines) at 7:30 pm at the Moraine Civic Center, 3050 Kretzer. Cost is \$1.50. Call Mona Cannell at 294-1647.

Sunday, July 9

Learn international folk dances from 3 to 5 pm at the Michael Soloman Pavillion, 2917 Berkley Rd. in Kettering. Stay for a covered dinner following the lessons. Call Margaret Westlund at 252-1771 or Dick Clair at 293-3345.

Saturday, Aug. 19

The Downtown Club, 126 N. Main St., suite 230, will host Argentine Tango workshops with Angel Figueroa and Diane Lachtrupp, tango masters from New York City. The beginners class runs from 11 am to 12:30 pm. An intermediate and advanced class runs from 12:45 to 2:15 pm. Cost is \$20. A tango practice session for participants will be from 2:15 to 3 pm. Private lessons are also available. Call 223-3340.

A two-day standard first aid class will be held from 6 to 10 pm Tuesday and 6 to 8:30 pm Wednesday at the Dayton Chapter of the Red Cross, 370 W. First St., Dayton. Cost is \$32. Call Helen Staab at 222-6711 ext. 120.

Tuesday — Thursday

July 11 — 13

A three-day community first aid and safety class will be held from 6 to 10 pm Tuesday and 6 to 8:30 pm Wednesday and Thursday at the Greene County Services Center, 130 W. Second St. in Xenia. Cost is \$38. Call Rena Shoemaker at 426-8289 ext. 11.

Tuesday & Thursday

July 11 & 13

The Dayton Area Chapter of the Red Cross will offer a two-day standard first aid training class from 6 to 10 pm Tuesday, 6 to 8:30 pm Thursday, at Greene County Service Center, 130 W. Second St. in Xenia. Fee is \$28. Call Rena Shoemaker at 426-8289 ext. 11.

Wednesday — Thursday

July 12 — 13

A two-day infant and child CPR class will be given from 6 to 9 pm Wednesday and 6 to 8 pm Thursday at the Dayton Chapter of the Red Cross, 370 W. First St., Dayton. Cost is \$28. Call Helen Staab at 222-6711 ext. 120.